

# Goodfellow Retiree Newsletter

April – September 2016  
Volume 2, Issue 1



## Acknowledgement

Articles appearing in this newsletter are compiled from local sources, newsletters received by the RAO and from other military sources. Information has been edited and reprinted for the benefit of our retiree population. Absolutely no commercial gain is derived from this publication. Our appreciation is extended to those agencies and newsletter sources. Opinions expressed in this publication are those of the authors and do not necessarily reflect the official policy of any agency of the U.S. Government.

## Inside This Issue

Clinical Laboratory, Radiology/Diagnostic Imaging	<b>2</b>
DoD Pharmacy Benefit Update	<b>3</b>
Immunizations Clinic Affordable Care Act	<b>4</b>
TRICARE On-line Hiring Veterans	<b>5</b>
Services Offered to Retirees	<b>6</b>
Services Offered to Retirees	<b>7</b>
My Pay	<b>8</b>
Services Offered to Retirees	<b>9</b>
Final Move Extension Process	<b>10</b>
Military Retiree Responsibilities	<b>11</b>

## Wing Commander's Welcome Note

It was a great privilege to host the Goodfellow Retiree Appreciation Day last November and to meet and speak with many of you. Thank you for your service to our great nation and the support you provide to Goodfellow AFB.

Many of you volunteer your time in several locations on base and your continued service is greatly appreciated and needed. Thank you again for giving back to our new generation of Airman, Soldiers, Sailors, and Marines serving and training at Goodfellow AFB. I want you to know, I'm committed to providing you with every available service to assist you in your retirement.

This newsletter contains articles I hope you find interesting and helpful. Please take the time to review them and let us know if there are other concerns you would like to read about in future issues.

It is our privilege at Goodfellow AFB to serve you. I'm sure you will find willing and helpful staff to assist you. If you have questions or suggestions please contact your representative, J. Robert Adams, Col USAF (Ret), Director of the Retiree Activities Office (RAO) at 325-654-4462, or Mr. David "Sully" Sullins at 325-654-5932. You can also contact them at [17TRW.CVR.RetireesActivity@us.af.mil](mailto:17TRW.CVR.RetireesActivity@us.af.mil).

Michael Downs, Col, USAF  
Commander, 17th Training Wing

## Goodfellow Retiree Activities Office (RAO) Director

The Goodfellow Military Retiree Appreciation Day (RAD) was held on Thursday, 19 November 2015. It had been a few years since our last RAD, so we were pleased that around 100 retirees and spouses attended. Colonel Michael Downs, 17th Training Wing Commander, hosted and provided a warm welcome to all attendees and a very informative update on the wing and Air Force. Briefers from the 17th Training Group provided an overview of the training process in their areas. A number of service organizations hosted booths with information about the services they provide retirees and their spouses. AAFES gave away gift bags and had a drawing where they gave away \$100, \$75, and \$50 gift certificates to retirees. AAFES and DECA also had a Retiree Appreciation Day Sales. The Ross clinic hosted a retiree health fair where they provided flu and other shots, eye screening, and several information booths. The Legal Office wrote wills, provided notary and power of attorney services. The Historian provided guided tours of the history memorabilia in the wing headquarters building, and the Personnel Flight provided expedited ID card services. An installation bus tour of the base highlighted the various training and service areas. The bus toured the Fire Academy with a fire instructor providing detail commentary of the training. The day finished with the base chapel providing lunch in the airman annex, the Crossroads.

I will be moving from the area the first of July, so we are looking for someone who could serve as the new RAO Director. The association with the senior wing leadership and individuals across the base and those who have called or come in for assistance has been very rewarding. I hope you will consider this opportunity to give back to your retiree community.

*(continued on pg. 2, in the yellow column)*

*RAO Director, cont. from pg. 1*

The Retiree Office is always in need of volunteers. If you have a few hours available during the week and would like to assist your fellow veterans and family members, please give me a call at 325-654-4462 or stop by the Retiree Activity Office. Our office is open every Tuesday, Wednesday, Thursday, and Friday 10 a.m. to noon and is located in the wing headquarters building (Bldg. 430) across from the coffee shop.

We are continuing our efforts to obtain correct updated email contact information for all Goodfellow military retirees so we can better communicate with you. If you have not already done so, please email us (17TRW.CVR.RetireesActivity@us.af.mil) so we can ensure uninterrupted contact.

Please share this with your friends. We want to get the word out to retirees, spouses, widows and widowers, and veterans of all services that the Goodfellow RAO is here to assist in answering any of your questions or concerns.

Don't hesitate to share information, ask questions, or comment on the information and articles posted via the RAO email address listed above.

Respectfully yours,

*Robert*



## Medical Support Update

**Clinical Laboratory** provides in-house testing for many routine requirements on a walk-in basis. Approved TRICARE network providers may send an order via fax by dialing (325) 654-3071, or patients may bring in a written prescription. The laboratory does not accept oral test requests/orders. Tests not offered in-house but available through other military laboratories are shipped on Monday and Thursday each week. Tests requested by civilian providers that are not available through military reference labs may be referred back to the ordering provider's office.

**HOURS OF OPERATION:** 0700 – 1630, Monday through Friday, to include the lunch hour. The laboratory is closed on Federal holidays and every third Thursday of the month for training.

**CUSTOMER INFORMATION:** Information about patient preparation, availability of tests offered and test sample requirements are available by calling the laboratory at one of the following numbers: (325) 654-3105 or (325) 654-5334

**TEST RESULT TURN-AROUND TIMES:** Routine requests performed in the laboratory are completed within 8 to 24 hours after receipt. Referred specimens going to other military medical facilities have an average turnaround time of 7 to 10 days from date the sample was received in the lab.

**LAB RESULTS REPORTING:** The laboratory does not provide results directly to the patient. Results for outside providers are faxed to the provider's office once all test results have been reported for the patient.

**Radiology/Diagnostic Imaging** provides routine service on a walk-in basis with a written prescription from an approved TRICARE network provider. Only routine radiographic imaging of the chest, abdomen, spine and extremities are provided. Feel free to have your provider call the Radiology section at 654-3110 if there are questions about available services.

**HOURS OF OPERATION:** 0700 - 1600, Monday through Friday, with the exception of a 1530 closure on Tuesday afternoons for a mandatory squadron formation. Please note that throughout the months of March, April, and May 2016, radiology will be a single person department and



# Volunteers Needed!!!

Volunteering is a rewarding experience. There are many programs and activities within our military community that could not exist were it not for the volunteers doing the work to make things happen.

## Be a Volunteer RAO Counselor ...

If you have been looking for a fun, creative and rewarding way to stay connected to the Goodfellow military community, then volunteering is the answer. At the Goodfellow RAO, you can join our volunteer staff as a counselor. Hands-on training will be provided and you will work with a great team of volunteers who are military retirees and spouses dedicating their time, skills, talents, and wisdom towards helping the military community.

For more information, contact the RAO at 325-654-4462 or [17TRW.CVR.RetireesActivity@us.af.mil](mailto:17TRW.CVR.RetireesActivity@us.af.mil)

“Assisting retired military individuals, family members, and other veterans with programs and services available to them as their Rightful Benefits”



## DoD Pharmacy Benefit Update:

Effective 1 February, 2016 most copays for prescription drugs at Home Delivery and retail network pharmacies will increase slightly. In accordance with the 2016 National Defense Authorization Act (NDAA), TRICARE is required to increase its prescription copays. This change will largely effect brand name medications that patients receive from Home Delivery and copays for both brand and generic prescriptions that are filled at retail non-network pharmacies. Military pharmacies and TRICARE Pharmacy Home Delivery will remain the most affordable options for patients with TRICARE beneficiaries. Beneficiaries are able to save up to \$208 in 2016 by switching from retail pharmacies to Home Delivery. Home Delivery is a highly convenient option for patients. Through home delivery, medications are delivered directly to patients doorsteps with no cost for standard shipping, formulary generics are free, and patients have access to a pharmacist 24/7. Home delivery also offers automatic refill options.

To set up a Home Delivery prescription, have your prescription bottle handy and call 877-363-1296 to reach a patient advocate who will work with your doctor to transfer your medications for you.

Type of drug	Previous Co-pay	New Co-pay as of 01 Feb 2016
Formulary Generic - 30 day supply (Retail pharmacy)	\$8.00	\$10.00
Brand Name - 30 day supply (Retail pharmacy)	\$20.00	\$24.00
Brand name drug (Home delivery)	\$16.00	\$20.00
Formulary (Military Treatment Facility)	\$0	\$0

## AFFORDABLE CARE ACT AND YOUR TAXES

It won't be long until tax time. This year your tax responsibilities have changed. I am reprinting this article from earlier in the year so you can ensure you get the appropriate Form 1095 prior to trying to file your 2015 tax return.

Under the Affordable Care Act (ACA), all Americans including all military members (active duty, re-tired, Selected Reserve, or Retired Reserve) and their eligible family members must have health care coverage that meets a minimum standard called minimum essential coverage or pay a fee. Your TRICARE coverage meets the minimum essential coverage requirement under the ACA.

"The term "active duty" means full-time duty in the active service of a uniformed service for more than 30 consecutive days". Beginning in January 2016, DFAS will be providing IRS Form 1095-C to all U.S. military members, and IRS Form 1095-B to all Retirees, Annuitants, former spouses and all other individuals having TRICARE coverage during all or any portion of tax year 2015. An IRS Form 1095 documents you (and your family members, if applicable) have the minimum essential coverage. More information will be forthcoming about the delivery method of these forms.

(Continued on Page 6)

**Immunizations Clinic** provides recommended vaccines for TRICARE beneficiaries of all ages.

**HOURS OF OPERATION:** 0730-1600 for vaccine administration, Monday through Friday.

**CUSTOMER INFORMATION:** Please bring all vaccination records that you may have from other facilities with you when you come to the clinic. This will help us understand what you may need or be eligible for. We wish to provide the best and safest possible care for you and your loved ones. Please contact us if you have any questions or would like us to check your electronic shot record for you. Phone Number: 325-654-1484

**Tdap/Td:** For all adults, 11 and older, 1 dose of Tdap in a lifetime is recommended, as well as a Td booster every ten years. Tdap: Tetanus, Diphtheria, and Acellular Pertussis. Td: Tetanus and Diphtheria. Pertussis, also known as Whooping Cough, is highly susceptible in newborns and older populations. We recommend that all beneficiaries check when they last had a tetanus containing vaccine and see if they might need the pertussis component.

**Zoster (or Shingles):** For all adults 60 and older, 1 dose of the Zoster vaccine is recommended. This vaccine can be given as early as age 50 with a prescription from your primary care doctor. This vaccine does not guarantee a person will never have an outbreak of shingles. It does give your body a good chance to have a much less severe reaction or not develop an outbreak at all.

**Pneumococcal:** For all adults age 65 and older we have both recommended pneumonia vaccines: PCV-13 and PPSV-23. These are both single dose vaccines and have to be separated by 1 year. Some high risk individuals may need a dose of PPSV-23 earlier than 65 due to certain chronic medical conditions. For these individuals, they need to bring a prescription from their primary care provider with them and it needs to be at least 5 years from the last time they had this vaccine.

**Influenza:** All people age 6 months and up are highly encouraged to get a flu vaccine every year. Flu season runs from August through June every year, with peak infections happening during December – February. We will have inactivated injectable flu vaccines for all ages, and live intranasal flu vaccines for ages 2-49 that meet criteria, which we can screen for in clinic.



**TRICARE On-line (TOL)** is the Department of Defense's online patient-focused portal providing you access to online health care information and services including appointments, Blue Button personal health data, and prescription refills. If you are a TRICARE patient, at least 18 years old, and receiving care at a military hospital or clinic, you are eligible to access TOL.

The health care information and services TOL provides include:

- **Appointments** – Make, change, and cancel military hospital or clinic primary care manager and select self-referral appointments. View future and past appointments. Set up email and text message reminders. Set earlier appointment notifications. Act on behalf of yourself and your family members.
- **Blue Button** – Securely view, download, print or share your lab results, radiology results, medication profile, allergy profile, encounters, problem lists, immunizations, and vital signs. View immunizations for your family members under the age of 12.
- **Prescription (Rx) Refill** – Refill your prescriptions for military hospital or clinic pick up. Check your prescription status. Access the TRICARE Mail Order Pharmacy. Act on behalf of yourself and your family members.

**Optometry** Did you know? Military retirees are eligible for one pair of military issue glasses each year at no charge, which may be ordered by bringing in a written prescription less than 12 months old. The optometry clinic, in conjunction with the San Angelo Lions Club, would like to encourage retirees to bring in their used eyeglasses for redistribution to people in need of glasses. If you are interested in donating your glasses, please drop them off at the optometry clinic. Commercial phone number: 654-3256.



## Hiring Veterans with a compensable service-connected disability of 30% or more

Eligible veterans with a thirty percent or more compensable service-connected disability, if qualified, may be non-competitively appointed to positions without going through normal recruitment process. A current Department of Veterans Affairs (VA) letter or military discharge papers substantiating the disability is required when applying under this program. Eligible veterans can submit a resume, VA letter, and DD 214 to the local Civilian Personnel Office for consideration. College transcripts should be provided for positions with a positive education requirement. The veteran must specify the position interested in being considered.

Initially, thirty percent disabled veterans are given a temporary appointment; duration may vary depending on type of disability and position requirements. This period provides supervisors time to evaluate whether the disability impairs performance of the full range of duties for a position. Once a supervisor certifies the disabled veteran is successful in the position, he/she is converted to a permanent appointment without further competition.

(Continued on page 6)

These forms will document the information that DFAS will provide to the IRS on yourself and your authorized family members. The forms will be required to be reported with your 2015 federal tax return. DFAS will provide you with IRS Form 1095 series forms no later than Jan. 31, 2016

You can find more information about the impact of the Affordable Care Act on your federal income tax at: <http://www.irs.gov/Affordable-Care-Act>, or <http://www.dfas.mil/taxes/aca.html>.

You can act now to make sure your forms remain secure once they are available using myPay. Just look for the link to "Turn On/Off Hard Copy of IRS Form 1095" in your account and select Electronic Delivery Only. Your information will remain safe until you need it.

*Courtesy of the DFAS website.*



Additional information on hiring of veterans can be found in the Vet Guide located at: <https://www.opm.gov/policy-data-oversight/veterans-employment-initiative/vet-guide/>.

For any questions, please contact the Goodfellow Civilian Personnel Office at email [goodfellowstaffing@us.af.mil](mailto:goodfellowstaffing@us.af.mil).

## Services / Programs offered to retirees by Force Development:

**Education:** Force Development can provide retirees information on contacts for GI Bill issues; information on searching for scholarships; assist with school/program searches; and can assist with Community College of the Air Force (CCAF) issues if the member attended CCAF courses.

**Library:** All retirees with proof of local mailing address can open an account. Account holders have access to all services provided by the library, to include Inter-Library Loans, checking out materials (books, movies, video games, audio books, etc.), and more. All retirees, regardless of address, have access to online language learning resources, online databases, and can attend any/all programs.

## Community Services Offered to Retirees

### **THEDE BOWLING CENTER**

Bldg. 800, Schertz Blvd  
Open Monday-Thursday, 11 a.m.-7 p.m.  
Friday, 11 a.m.-11 p.m.  
Saturday, Noon-11 p.m.  
(325)654-3227

We have recently re-opened the Thede Bowling Center on base. For those of you who don't know we underwent a major renovation project inside our facility. The facility now features a new floor, new pit furniture w/ball racks and storage hangers as well as brand new dining furniture. In an effort to revitalize the League program we would like to start a Retiree League that will run 8-16 weeks (decided by members) if there's interest. This league, if instituted, will run at a reduced price (\$4.00 for 3 games/\$1.00 for shoes) for all to encourage max participation. Please let us know if this something you think our Retiree's will

be interested in. If we have enough interest we will plan a future meeting to discuss start/end dates and ROE's. We want to make this a fun league so all can relax and unwind and show appreciation for our Vets....thanks for all you do and we hope to hear from you soon! Leagues & open bowling available.

Meeting room for private parties seats 40 comfortably  
 Full snack bar – Appetizers, burgers, hot & cold sandwiches, and more  
 Glow Bowl every Friday & Saturday night  
 Discounted bowling packages for groups  
 Special events throughout the year

### **GOODFELLOW AFB RECREATION CAMP @ LAKE NASWORTHY**

1950 S. Concho Ave  
 Seasonal Operating Hours - Summer  
 Monday & Thursday, 8 a.m.-5 p.m.  
 Friday & Saturday, 8 a.m.-8 a.m.  
 Closed Tuesdays & Wednesdays  
 (325)944-1012

Full-service marina – boat ramp, gas, rental slips, retail store  
 Equipment to rent – boats, kayaks, canoes, towable campers  
 RV rental sites – full and partial hookup  
 Tent camping allowed  
 Rental cabins and party pavilions  
 Outdoor playgrounds and swimming pool

### **INFORMATION, TICKETS & TOURS**

Inside the Event Center  
 Bldg. 723, 261 Schertz Blvd  
 Monday-Friday, 10 a.m.-5 p.m.  
 (325)654-5249

Come get discounted tickets at IT&T:

Local Attraction Info – Sonora Caverns, Abilene & more  
 Attraction Tickets – SeaWorld, Disney, Schlitterbahn & more  
 Customized Tour Packages – Cruises, airlines, hotels & more  
 Trips & Tours – Mall shopping, camping, hiking, fishing & more

### **ARTS & CRAFTS CENTER**

#### **EQUIPMENT RENTAL**

#### **RV STORAGE & VEHICLE RESALE LOTS**

Bldg. 109, 162 Mitchell Ave  
 Thursday-Sunday, 10 a.m.-5 p.m.  
 Closed Tuesdays & Wednesdays  
 (325)654-3237

*(Continued on page 9)*

### **RAO Mission:**

“Provide and disseminate information services to retirees and surviving dependents in order to support, advance and unify the retired and active military communities.”

### **Become a myPay user today!**

Your monthly electronic Retiree Account Statement (eRAS) is now available on myPay. Click the link below to log in and access your eRAS.

<https://mypay.dfas.mil>

## Audit your MyPay Account

myPay



### Make sure you review your account every year

You'd notice if your banking information was wrong, wouldn't you?

Probably, but there's a lot of other important information to keep updated to make sure you're getting all the retired pay you deserve. Keep your information current so that we can get in touch with you if there is a problem, change, or update with your account. Don't let anything slip through the cracks!

important information to keep getting all the retired pay you your information current so that we can get in touch with you if there is a problem, change, or update with your account. Don't let anything slip through the cracks!

HELP US SPREAD THE WORD.



### Here's a list of things to check at least once a year.

#### 1. Update your address

You might be surprised to learn that we get a lot of returned mail. If you've moved and haven't told us, we won't know how to reach you. From an audit of your account to a returned payment, lots of things come up that we need to contact our members about. Make sure we have a way of reaching you that is current and correct! Log in to your *myPay* account and view your correspondence address as part of your annual account check-up.

For more ways to update your contact information, consult our website at <http://www.dfas.mil/retiredmilitary/manage/changeofaddress.html>

#### 2. Update your email address

Make sure we have an email address on file for you and that it is current. Email is our easiest and fastest way to communicate with

our members. If we have your email address on file, you will hear news faster and get more details when it arrives. So go paperless and stay in the know!

Take a minute right now and check to make sure your email addresses are current. At the bottom of your *myPay* account menu, select "Email Address" to view the email addresses you have on file with us. Make sure you indicate the primary email address you want us to use, and check the box to indicate if the address is still valid. Delete any old email addresses you no longer use.

#### 3. Check your state and federal income tax withholding

If your income changes, or if you move to another state, you should look at any federal or state income tax withholding information we have in your account.

Don't wait until April 15th to discover we've been taxed in a state you are no longer a resident!

**AUTO HOBBY SHOP**

Do-it-yourself auto shop for car enthusiasts – stalls, lifts and tools available

Open Saturdays & Sundays, 10 a.m.-5 p.m.

(325)654-3233

**ARTS & CRAFTS**

Resale items for drawing, painting, stain glass, and other arts and crafting projects

1000+ Ceramic Molds

7 Pottery Wheels

Classes in Ceramics, Pottery, Jewelry Making, Painting, Drawing and special events

Customized framing, engraving, embroidery, and fabric imprinting – great gift ideas

**EQUIPMENT RENTAL** – camping equipment, outdoor games, tables, chairs, canopies, ice chests, lawn care equipment, inflatables, kayaks, canoes, paddleboards, trailers and more

**RV STORAGE** - On-base gated storage lot for registered and insured recreational vehicles

**VEHICLE RESALE** - On-base “lemon” lot

**(FSV) Upcoming Fitness Center Programs open to Retired Military Personnel****Feb 2016 – May 2016: Table Tennis Leagues and Open Play**

The Goodfellow Table Tennis Club is meeting on Tuesday, Thursday and Friday Evenings from 1700 through 1900 for Open Play and League Play. League Play requires a minimum of three contestants. Contestants League Play scores are turned over to the USATT (National Governing Body for competitive Table Tennis) who in turn assigns a rating (800-2600) based on the won-loss record against other rated players. Open play is always offered/available even during league play.

**May 7<sup>th</sup> 2016: GAFB Bench Press Competition**

The Annual Goodfellow AFB Bench Press Competition is open to Retired Military Personnel and has produced weight class champions from ages 45 to 75.

**May 28<sup>th</sup> 2016: Spring Military Table Tennis Challenge**

The Goodfellow Table Tennis Club hosts 2 military table tennis tournaments annually. Each tournament includes a senior’s category for everyone over 40 years of age.

**June 4<sup>th</sup> & July 30<sup>th</sup> 2016: Triple Threat Trail Run & GAFB Triathlon**

All Fitness Center Special Event runs are open to retired military personnel with most runs having an over 40 years of age category.

***We want to know what your concerns are. . .***

- What are your biggest concerns regarding your military retirement?
- What information would you like to see included on the webpage?
- On what info (and how often) would you like to receive email updates or notifications?
- Do you have any additional feedback/suggestions for improvement to the RAO program?

Send us your comments or questions: [17TRW.CVR.RetireesActivity@us.af.mil](mailto:17TRW.CVR.RetireesActivity@us.af.mil)

## Goodfellow Veterinary

### Treatment Center

The veterinary clinic is happy to announce we are now open 3 days a week! We offer low cost services for your pets such as wellness exams, annual vaccines, deworming, heartworm tests, microchips, a variety of heartworm prevention, flea prevention and much more! At this time we do not offer any surgical services.

Come check out our booth during the Retiree Appreciation Day on 19 November! We will provide more information on the types of veterinary services we can provide. We will also, provide more information on the types of heartworm/flea prevention we can offer. Did I mention that we are a low cost veterinary clinic? So, come by our booth and ask us about our price list!



## FINAL MOVE EXTENSION PROCESS:

Have you recently retired and not used your final move entitlement? Do you need to request an extension due to enrollment in an education/training program, because of medical reasons or other circumstances beyond your control? If you have said, “yes” to any of these questions, the Personal Property Activity Headquarters has the authority to approve and disapprove extension requests for travel and transportation entitlements for retired Air Force members, separatees authorized to travel to a Home of Selection (HOS), and Next of Kin (NOK) of Deceased members.

### Extension approval criteria for education/training:

- Education/training must have begun while on active duty or during the 1-year period after retirement.
  - A letter from the member formally requesting the extension is required. The letter should state why an extension is needed and the duration of the extension.
  - A letter from the school's registrar office or current employer, on school/company's letterhead, indicating the date education/training began, the type of degree/training program the member is enrolled in, and the anticipated completion date with that school/company. NOTE: Internet and correspondence courses do not qualify for education/training extensions.
  - A copy of the member's retirement/separation order is required. Do not send a DD Form 214.
  - Members must provide current mailing address, email address, and contact phone number.
- NOTE: The intent of the program is to allow members undergoing education or training to qualify for acceptable civilian employment.

### Extension approval criteria for medical request:

- Members must have been undergoing medical treatment or hospitalization on the last day of active duty or during the 1-year period after retirement.
- Members must be undergoing substantially continuous treatment or hospitalization for the same or an associated condition.
- A written statement from the hospital administrator giving a brief description of the patient's illness; the specific treatment that the patient receives; the patient's medical progress while at the facility; the patient's projected medical requirements; or travel before a specified date would or would not be detrimental to the member's health and welfare.
- The retirement or other pertinent order is required. Do not send a DD Form 214.
- Members should provide their mailing address, phone number and email address. A fax number is optional.

### Extension approval criteria for other deserving cases request:

- Family member's severe illness (unexpected, serious/terminal). Statement required from physician describing condition/illness.

- Family member undergoing education or training (child must be in middle of school year or entering senior year of high school; child must be entering senior year within 90 days of the expiration of retiree's original entitlement; spouse in middle of term or to complete current/final year; requires letter from the school on letterhead).
- Delay if selling/renovating/construction of retirement home (Statement from contractor/realtor showing reason for delay and approximate date of completion).
- Job/employment search ("Suitability" or until I find a job is not a consideration).
- The retirement or other pertinent order is required. Do not send a DD Form 214.
- Members must provide current mailing address, email address and contact phone number.

All required documents to request the extension should be forwarded to:

PPA HQ/PPEC  
 555 E Street East, Suite 4  
 JBSA Randolph, Texas 78150-4439  
 DSN: 487-3312 // Comm: Phone: (210) 652-3312  
 DSN Fax: 954-4263 // Comm Fax: (210) 321-4263  
 E-Mail: hqppa.ecaf-ext@us.af.mil

Contact the Traffic Management Office at (325) 654-4437 if you have any additional questions.

## Motorcycle Training

Any retirees that would like to take an experienced rider motorcycle training course can contact the Wing Safety office at 654-3963.

## Military Retiree Responsibilities

Retirees are reminded that they have certain military responsibilities and obligations even after they retire from active service. Here are some of them:

- Avoiding possible conflicts of interest by observing military standards of ethical conduct by complying with government employment restrictions and reporting requirements.
- Obtaining prior approval before accepting employment with a foreign government.
- Keeping family ID cards current and turning them in when they are longer authorized.
- Registering family members and updating their status in the Defense Enrollment Eligibility Reporting System (DEERS).
- Informing the Defense Finance and Accounting Center of changes in marital status, address, or any change that would affect your Survivor Benefit Plan (SBP).
- Making sure your spouse knows the location of military/family records and how to contact the nearest casualty assistance office in the event of your death.
- Wearing the uniform in accordance with official directives

RETIREE ACTIVITIES OFFICE  
17TRW/CVR  
351 Kearney Blvd, Room 119E  
(Wing HQ Building)  
Goodfellow AFB, TX 76908

PRSR STD  
U.S. POSTAGE  
PAID  
SAN ANGELO, TX  
PERMIT NO. 217

OFFICIAL BUSINESS



We would like to send future editions by email. It will also be available online at : <http://www.goodfellow.af.mil/units/retireeactivitiesoffice.asp>  
If you would like to receive email newsletters send an email to the Retiree Activities Office at :  
[17TRW.CVR.RetireesActivity@us.af.mil](mailto:17TRW.CVR.RetireesActivity@us.af.mil)

## Links to Important Sites

To find your state representative:

<http://www.house.gov/representatives/>

To find your state senators:

<http://www.senate.gov>

To find Goodfellow AFB:

<http://www.goodfellow.af.mil/>

To find the VA: <http://www.va.gov>

To find DFAS: <http://www.dfas.mil>

To find Tricare: <http://www.tricare.mil>

To schedule appointment to renew ID Card

<https://rapids-appointments.dmdc.osd.mil>

Link to Retiree Publications

*Army Echoes*

<http://soldierforlife.army.mil/retirement>

*Navy Shift Colors:* [www.shiftcolors.navy.mil](http://www.shiftcolors.navy.mil)

*Air Force Afterburner:*

[www.retirees.af.mil/afterburner](http://www.retirees.af.mil/afterburner)

*Marine Corps Semper Fidelis:*

[www.usmc-mccs.org](http://www.usmc-mccs.org)

*Coast Guard Evening Colors:*

<http://www.uscg.mil/hq/cg1/psc/ras>

