

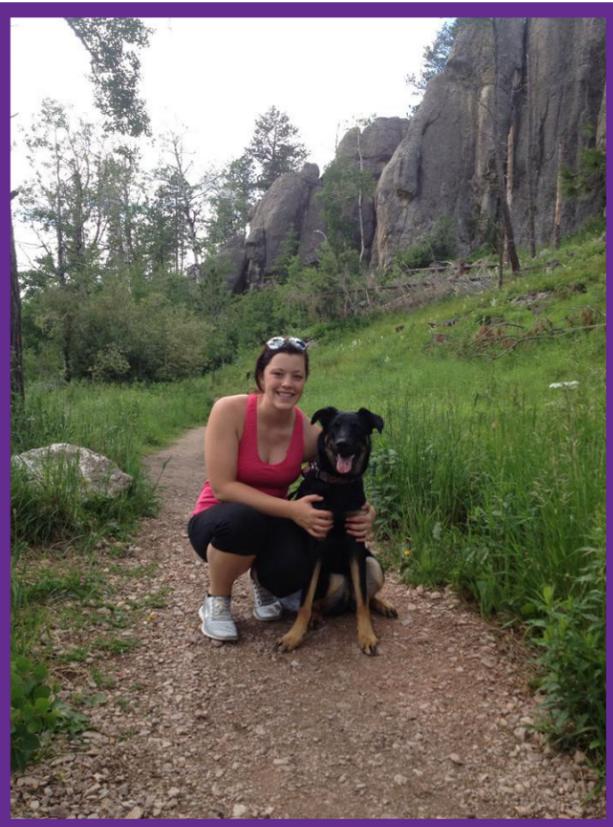
## Program Overview

Key Spouses are appointed by the unit commander to perform a vital communication role between the unit and its families.

Key Spouses assist families in finding and utilizing the available base and community resources.

Key Spouses provide support to the families of military members during their time of need.

Key Spouses follow Privacy Act, confidentiality, and mandatory reporting guidelines.



## How is a Key Spouse Important to Me?

Welcomes you to your unit

Improves the morale of the entire unit by truly caring

Is a vital link in exchanging information between leadership and families

Provides a peer-to-peer support system for handling military life experiences

Is visible by attending unit, base, and community events

Directs you to community information, volunteer opportunities, and referral services

Helps your family prepare for separations due to deployments or long-term TDYs

# Key Spouse Program

Key Spouse Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Unit: \_\_\_\_\_

Base: \_\_\_\_\_

## How Can a Key Spouse Help Me?

- Empathize with your situation
- Share extensive knowledge of unit and community events
- Help you get your questions answered
- Listen when you need to talk
- Provide support during deployments
- Help facilitate communication with unit leadership



Connect

Listen



Inform

Support



If you don't know who your Key Spouse is, please call your local Airman and Family Readiness Center or your First Sergeant.

[www.facebook.com/17thTrainingWing](http://www.facebook.com/17thTrainingWing)

[www.goodfellow.af.mil/Units/KeySpouseProgram.aspx](http://www.goodfellow.af.mil/Units/KeySpouseProgram.aspx)



# WINGMAN TOOLKIT.ORG

## Resilience Tools to Maintain a Balanced Lifestyle

Visit the Wingman Toolkit to find tools like the AF 101, Back-to-Basics Spouse Support Guide, access the virtual Key Spouse Training, and learn more about the Military Spouse Career Portal. Take the Wingman Toolkit with you on-the-go with the new mobile app for iPhone and Android. Stay connected with the AF community and continue building resilience anytime, anywhere.

[www.wingmantoolkit.org/key-spouse](http://www.wingmantoolkit.org/key-spouse)